



Home Safety Assessment Checklist

Stairs

- ☐ Do all stairwells have securely-fixed handrails on both sides?
- ☐ Do the handrails extend beyond the length of the steps?
- ☐ Does your hand easily wrap completely around the rail?
- ☐ Are the lights & light switches at both the top and bottom of the stairs?
- ☐ Can you clearly see the outline of each step as you ascend & descend the stairs?
- ☐ Do the stairs have even surfaces?
- ☐ Are the stairs clear of clutter?

Halls/Entrances

- ☐ Are all carpets and runners well-fastened down?
- ☐ Does the carpet lay flat?
- ☐ Is furniture positioned to allow full access to doorways with assistive devices?
- ☐ Are walkways clear of tripping hazards: cords, toys, low furniture ect?
- ☐ Is there a nightlight lighting the path to the bathroom?
- ☐ Do rugs stay put (don't slide or roll) when you push them with your foot?

Living Room

- ☐ Does your chair have armrests that are long enough to help you get up?
- ☐ Can you turn on a light without having to walk into a dark room?
- ☐ Are lamps, extension cords and phone cords out of the flow of traffic?
- ☐ Has clutter been eliminated?
- ☐ Are curtains and furniture at least 12 inches away from portable heaters?
- ☐ Do you have easy access to a telephone?

Kitchen

- ☐ Do you use non-skid wax, or no wax on polished floors?
- ☐ Are rugs non-skid?
- ☐ Can you reach most used items without a step-stool?
- ☐ Is there adequate lighting?
- ☐ Are your stove/oven controls easy to use?
- ☐ Are curtain and towels away from burners?

Bathroom

- ☐ Does the tub/shower have rubber non-skid mats or strips?
- ☐ Do you have grab bars at the shower, tub and toilet?
- ☐ Do you need a bath seat or bench?
- ☐ Is the flooring safe?
- ☐ Do the rugs have a non-skid backing?
- ☐ Do you have a hot-water temperature regulator to prevent burns?
- ☐ Can you get on and off the toilet easily?

Bedroom

- ☐ Is there a nightlight, lamp, or flashlight in reach of your bed?
- ☐ Is there a working smoke detector?
- ☐ Is there a phone within reach of the bed?
- ☐ Is the bed height appropriate?
- ☐ Can you easily access needed dresser drawers?

Doorways/Entrances/Exterior

- ☐ Do all home entrances have outdoor lights?
- ☐ Are walkways to the doors clear of debris, plants, cracks and holes?
- ☐ Are door sills low?
- ☐ Is a ramp needed?
- ☐ Are the outdoor stairs in good condition?
- ☐ Do the outdoor steps have a non-skid surface?

Other

- ☐ Do you have an emergency exit plan?
- ☐ Are emergency telephone numbers listed near the phone?
- ☐ Do you have a system to manage medication?

*This information is
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708-712-8493



Please call for more information on this assessment and to arrange for assistance on any items you may need. We can also arrange for installation and home modification if necessary. This assessment is intended to be a general assessment and does not replace a proper home inspection by a licensed professional.